Good Day To Run

Choreography:	Benny Ray
Description:	32 Count, 2 Wall, Beginner line dance
Music:	Darryl Worley – A Good Day To Run

4 X DIAGONAL STEP TOUCH
1-2	Step forward to right diagonal, touch left next to right
3-4	Step back to left diagonal, touch right next to left
5-6	Step back to right diagonal, touch left next to right
7-8	Step forward to left diagonal, touch right next to left

R STEP, LOCK, STEP, SCUFF, L STEP, LOCK, STEP, SCUFF
1-2	Step forward on right, lock left behind right
3-4	Step forward on right, scuff left forward
5-6	Step forward on left, lock right behind left
7-8	Step forward on left, scuff right forward

STEP, ½ TURN, STEP, HOLD, TRIPLE FULL TURN R
1-2	Step forward on right, make ½ turn left
3-4	Step forward on right, hold
5-6	Make ½ turn right stepping back on left, make ½ turn right stepping forward on right
7-8	Step forward on left, hold

RUN FORWARD, TOUCH, RUN BACK, TOUCH
1-2	Step forward right, step forward left
3-4	Step forward right, touch left next to right
5-6	Step forward right, touch left next to right
7-8	Step back left, touch right next to left

REPEAT

...taught and danced at

Klitgaarden

Sofiendalsvej 77
DK-9200 Aalborg SV
Tel. +45 98180733
www.linedance.dk