

Irish Stew



Choreography:	Lois Lightfoot
Description:	32 count, 4 wall, beginner/intermediate line dance
Music:	Sham Rock – Irish Stew Lonestar – Women Rule The World

SIDE SWITCHES, CLAP TWICE, HEEL SWITCHES FORWARD, CLAP TWICE

- 1& Touch right toe out to side, bring right back in place
2& Touch left toe out to side, bring left foot back in place
3&4 Touch right toe out to side clap twice
5& Touch right heel forward, bring right foot back in place
6& Touch left heel forward, bring left foot back in place
7&8 Touch right heel forward, clap hands twice

SHUFFLE FORWARD, ROCK RECOVER, COASTER STEP, PIVOT ½ TURN

- 1&2 Step right foot forward, step left foot next to right, step right foot forward
3-4 Rock forward onto left foot, recover weight onto right foot
5&6 Step left foot back, step right foot next to left, step left foot forward
7-8 Step forward onto right foot, pivot ½ turn to left

RIGHT CROSS ROCK, CHASSE SIDE, LEFT CROSS ROCK CHASSE SIDE

- 1-2 Cross rock right foot over left, recover weight onto left foot
3&4 Step right foot to side, close left to right, step right foot to side
5-6 Cross rock left foot over right foot, recover weight onto right foot
7&8 Step left foot to side, close right next to left, step left foot to side

TOE TOUCHES, SAILORS SHUFFLE, TOE TOUCHES, SAILORS ¼ TURN LEFT

- 1-2 Touch right toe forward, touch right toe to side
3&4 Cross right foot behind left, step left foot to side, step right foot to side
5-6 Touch left toe forward, touch left toe to side
7&8 Cross left behind right making ¼ turn left, step right to side, step left next to right

REPEAT

...taught and danced in

Klitgaard

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