

One Step Forward



Choreography:	Betty Wilson & Charlotte Lucia
Description:	20 count, 4 wall, beginner line dance
Music:	Desert Rose Band – One Step Forward

LEFT SIDE

ONE STEP FORWARD AND TWO STEPS BACK

- 1-2 Step forward left, touch right toe next to left foot
3-4 Step backward right, step left beside right
5-6 Step backward right, touch left beside right

TWO STEPS TO THE LEFT

- 7-8 Step left to side, step right beside left
9-10 Step left to side, touch right beside left

RIGHT SIDE

ONE STEP FORWARD AND TWO STEPS BACK

- 11-12 Step forward right, touch left toe next to right foot
13-14 Step backward left, step right beside left
15-16 Step backward left, touch right beside left

TWO STEPS TO THE RIGHT WITH ¼ TURN RIGHT & SCUFF

- 17-18 Step right to right side, step left beside right
19-20 Step right to right side, turn ¼ to your right as you scuff left beside right

REPEAT

HELPFUL INFORMATION

Do not bring your feet together.

The right scuff after your ¼ turn becomes your first step when you began this dance over.

You should now be facing the next wall to your right as you start this dance over on your left foot.

Keep repeating the steps working all four walls.

As a variation you can do the steps to the left and right as chasses or as vines.

...taught and danced in

Klitgaard

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